



Adult Swallow Case History

Name: _____

Other names, if applicable: _____ Pronouns: _____

Date of Birth: _____ Male Female Other

Address: _____

City: _____

State: _____ Zip Code: _____

Primary Phone: _____

Name of person who referred you to the clinic: _____

HISTORY OF PROBLEM

Please describe the swallowing problem: _____

Please describe when the swallowing problem began: _____

Have you ever had a swallow evaluation or treatment? _____ Yes _____ No

If yes, please describe: _____

Have you ever had a Modified Barium Swallow Study? _____ Yes _____ No

If yes, please indicate the date and results: _____

Have you ever had a Fiberoptic Endoscopic Evaluation of Swallowing (FEES)? _____ Yes _____ No

If yes, please indicate the date and results: _____

CURRENT STATUS

What is the consistency of the food that you are currently eating? (Please check)

- | | |
|---------------------------------------|---|
| <input type="checkbox"/> Regular food | <input type="checkbox"/> Soft food |
| <input type="checkbox"/> Pureed food | <input type="checkbox"/> No food by mouth |

What is the consistency of liquids that you are currently drinking? (Please check)

- | | |
|--|---|
| <input type="checkbox"/> Regular/thin liquids | <input type="checkbox"/> Nectar consistency liquids |
| <input type="checkbox"/> Honey consistency liquids | <input type="checkbox"/> No liquids by mouth |

Which of the following problems are you currently experiencing? (Check all that apply)

- | | |
|--|---|
| <input type="checkbox"/> Drooling during non-meal times | <input type="checkbox"/> Losing (food/liquid/both) from your mouth during meals |
| <input type="checkbox"/> Difficulty drinking from a straw | <input type="checkbox"/> Difficulty chewing |
| <input type="checkbox"/> Difficulty moving (food/liquid/both) out of the mouth and into the throat | |
| <input type="checkbox"/> Difficulty starting the swallow | <input type="checkbox"/> Pain during swallow |
| <input type="checkbox"/> Coughing/choking on (food/liquid/both) | <input type="checkbox"/> After swallowing, frequent throat clearing or coughing |
| <input type="checkbox"/> Sensation of food sticking in throat | <input type="checkbox"/> Difficulty swallowing pills |
| <input type="checkbox"/> Wet, gurgly vocal quality during meals | |

Have you had recent weight loss? Yes No

If yes, how much weight? _____

Do you have any food allergies? Yes No

If yes, please explain: _____

PERTINENT MEDICAL HISTORY

Check pertinent conditions:

- | | |
|--|--|
| <input type="checkbox"/> Reflux/gastroesophageal reflux disease (GERD) | <input type="checkbox"/> Esophageal disorder |
| <input type="checkbox"/> History of aspiration pneumonia | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Frequent upper respiratory infections | <input type="checkbox"/> Sinus problems |
| <input type="checkbox"/> Stroke | <input type="checkbox"/> Heart conditions |

Surgeries If yes, what type and when? _____

Allergies If yes, how do you treat them? _____

Other, explain: _____

What medications are you currently taking or have recently taken? _____